

Procession of the Holy Cross



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2019 Alexandra Houck.
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The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

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A Ministry of the
Orthodox Christian Network



A cheerful Christian

Have you ever done something nice for somebody...but you didn't want to do it? Maybe you shared a treat with a brother or sister, or played with somebody you didn't want to play with, or helped somebody you didn't want to help. But then, did you complain about it? When we complain about something, we take away the good thing we did!



In today's epistle reading, we hear some advice about being a good Christian. We hear how when we do something good, we should do it cheerfully! The epistle says, "Let us use our gifts...Whoever does something merciful, with cheerfulness." In another epistle, we hear the same kind of thing. When we give to people who need our help, we don't want to give with complaining or because somebody forced us to do it, "because God loves a cheerful giver."

But sometimes it's hard to give, or to share, or to help somebody! How do you think *you* can learn to do something nice, AND to be happy about doing it? Well, helping people takes practice. The more we help others, and the more we share, and the more we give, the more we know a secret. It starts to feel good. Then we really will be a cheerful Christian. We learn to really *like* helping others.

WORD SEARCH

Can you find these words in the jumble?

- ADVICE
- CHEERFUL
- CONSTANTINOPLE
- EPISTLE
- HEALING
- MERCIFUL
- PROCESSION
- SICKNESS
- TRUE CROSS

L O T U U T L G C S Z L C H W
 U A J W S F U M S G S I O A D
 F P M S D O U E F O V Q N D W
 I B T S P T N J W K X L S F P
 C R L F T K R Q X P I H T Y T
 R U I U C A H A R G J W A O Y
 E Q L I F E J O W N W V N F M
 M P S S O R C E U R T B T I B
 B G I K E E E U H E A L I N G
 E L V S S S C E A M Z A N T W
 O Z I S T Q D A H G Y D O A F
 M E I Z T L T C I C I V P F F
 Q O W N U S E L S R X I L M U
 N Z R H G G H Q A R V C E U Q
 V M S P J C L X E W X E D P L

What's in an icon?

Did you know that we still have pieces of the true Cross of our Lord, Jesus Christ?

This is an icon of the Cross, with a real piece of it, the real Cross that our Lord was crucified on. If you ever have a chance to kiss the true Cross, do it!



ΤΟ ΜΕΓΙΣΤΟΝ ΑΝΑ ΤΟΝ ΚΟΣΜΟΝ ΤΜΗΜΑ ΤΟΥ ΤΙΜΙΟΥ ΣΤΑΥΡΟΥ
 ΙΕΡΑ ΜΟΝΗ ΕΠΙΘΟΤΑΝΟΥ, ΑΓΙΟΝ ΟΡΟΣ.

THE HOLY CROSS A PROCESSION THROUGH THE CITY

What do you do to try to keep yourself from getting sick? You probably wash your hands before you eat, you don't share your drinking cups with your friends, you get a vaccine.



Once it starts getting colder, sometimes people start getting worried about getting colds or the flu. That's because those germs spread around a lot during the cold months. But many years ago, in the great Christian city of Constantinople, people would get sick the most when it was hot. And it was hottest in the beginning of August.

So what did the people do to keep from getting sick? And what would help if they *did* get sick? The people tried the best they could to use the right medical care. But they also prayed to God! Starting on August 1st, we still celebrate the Procession of the Precious Cross. Many years ago, the faithful Orthodox Christians carried a part of the true Cross of our Lord from the church all the way through the city. People kissed the holy Cross, and many people were made well again. God healed people through His holy Cross.

So, let's remember, we try our best not to get sick, but we also turn to our Lord too! We always remember to ask Him to keep us safe!

We celebrate this special day on Thursday, Aug. 1 (Aug. 14th, OC).