

Orthodoxy Boot Camp 2019

OBC

Saturday, September 28th

The Hero's Journey

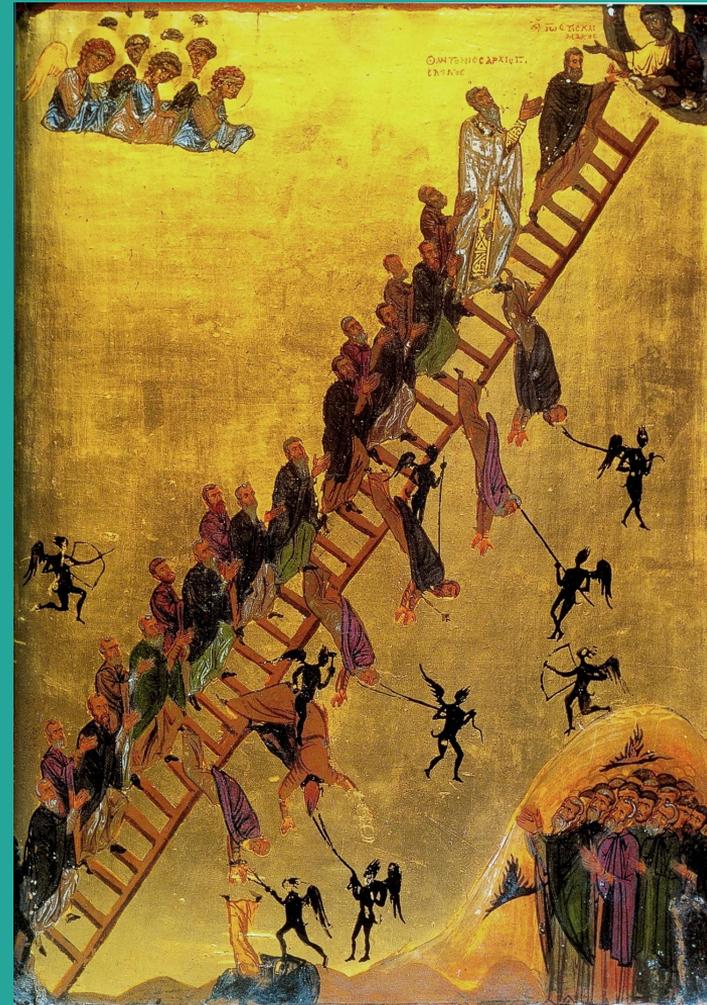
Walking the path to Christ Likeness

By Fr. Dimitrios Lee prepared for Saint Sophia Cathedral

Eastern Orthodox Church

- Second Largest Christian Church
- Developed in Eastern Roman Empire
- The One Holy Catholic and Apostolic Church
- A community of Believers in Jesus Christ, the God Man.

How we
understand our
Journey.



WHY?

—

UNIVERSAL REASON

- The world as created by GOD has been corrupted.
- Sin and Death Reign.
- The world is in darkness and needs Light.
- Things are incomplete and need fulfillment.

PERSONAL REASON

YOU MUST ANSWER THIS
YOURSELF

- What are you seeking?
- What are you lacking?
- What are you hoping for?

- Why are you journeying?
- Why do you continue?
- Why do you exist?



WHO?

—

YOU

- YOUR PERSONA but more importantly your Being
- *Your Family indirectly*
 - *Your Community*
 - *Society*
 - *The World*

RELATIONAL BEINGS cannot exist
without one another

GOD

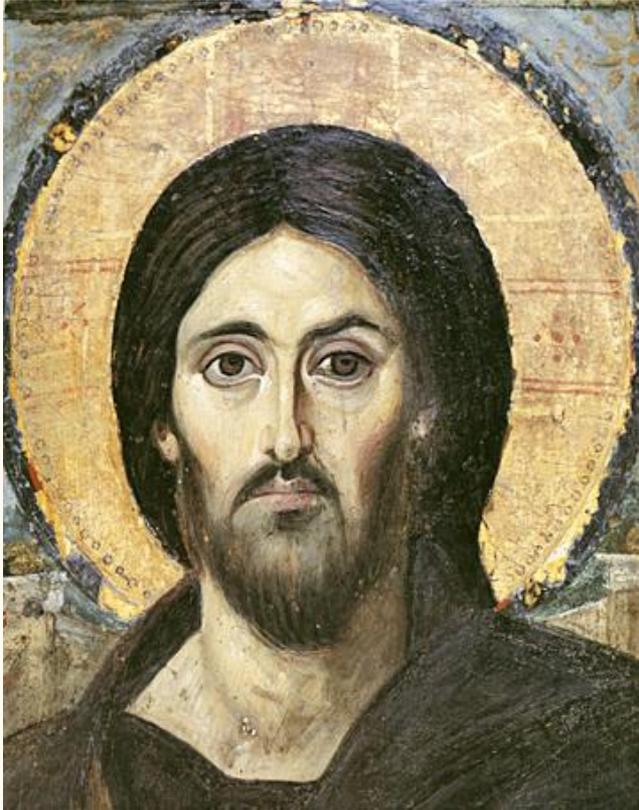
The TRIUNE GOD

Father, Son, and Holy Spirit

One Essence

Three Hypostases

Hypostatic Union



Fully Man and Fully God

OUSIA- Essence- God has One Ousia "all that subsists by itself and which has not its being in another"

HYPOSTASIS- Substance- God is three Hypostases. Literally UNDER- STAND

Hypostatic Union or Mystical Union

-Excerpt from Athanasian Creed

The Person of Christ

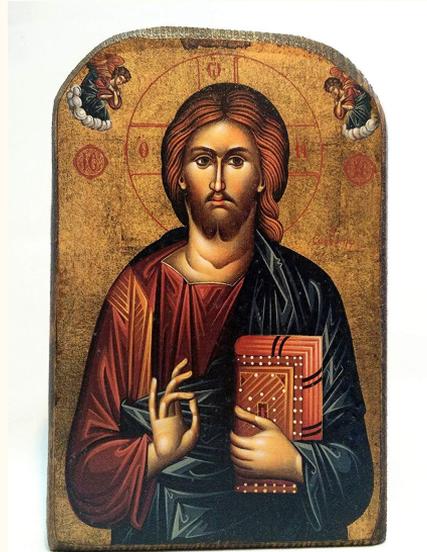
‘The Anointed One’

Initiator

Mediator

Savior

Redeemer



Priest

Prophet

King

-HERO

WHEN?

“I tell you, do not worry about your life... Look at the birds, they neither sow nor reap... Can any of you add a single span to your life by worrying?”

(Matthew 6:25)

“Do not worry
about tomorrow,
for tomorrow will bring worries
of its own. Today’s trouble is
enough for today.” (Matthew 6:34)

“GIVE

US

THIS

HERE

and

NOW

“No one who puts a hand
to the plow and looks back
is fit for the Kingdom of
GOD.” (Luke 9:62)

God is not found

yesterday or

— tomorrow but

NOW

TIME IS AN
ILLUSION



WHERE?

—

WHERE DOES
EVERYTHING
HAPPEN?

“The kingdom of heaven is like a mustard seed; it is the smallest of all seeds, but when it has grown it becomes a tree...” (Matthew 13:31)

“The kingdom of God is not coming with things that can be observed; For in fact the kingdom of God is within you.” (Luke 17:21)

The Hero's
Journey
leads us
within...



Walking the path of
Christ-likeness is not
simply an imitation of
Jesus but a ‘putting on’ of
Christ.

WHY, WHO, WHEN, WHERE?

The Journey **BEGINS** and **ENDS**
NOW

“It is no longer I who live, but Christ
who lives in me..” (Galatians 2:20)

But

— HOW?

We've answered the WHY, WHO, WHEN and WHERE

Now the HOW should present itself more clearly.

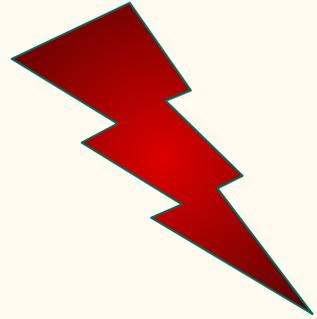
- How do we become children of light?
- How do we unite with the Son of God?
- How do we get to a timeless state?
- How do we enter within ourselves to experience of the kingdom of God?

You shall eat, but not be satisfied, and there shall be a gnawing hunger within you;

You shall put away, but not save, and what you save, I will hand over to the sword.

You shall sow, but not reap; You shall tread olives but not anoint yourselves with oil.

Our Goal is the most difficult of tasks. Overcoming the self identified and self indulgent ego. That part of us which is:



- Constantly judging
- Never satiated or satisfied
- Seeking pleasure to erase pain
- Always looking to tomorrow as the promised land
 - Rooted and paralyzed by our past mistakes
 - Selfishly focused on our own needs and desires
 - Unable to see, perceive or experience God

“But small is the gate and narrow is the road that leads to life, and only a few find it.”



A blue triangle with a thin black outline, centered on a white background. Inside the triangle, there are several lines of text in a black serif font. The text is arranged vertically, starting with a sentence at the top, followed by two more sentences, then the word 'UNPLUG!' in all caps, then another sentence, then a longer sentence, and finally 'YOU ALREADY HAVE IT!' in all caps at the bottom.

Be present in your life.

Stop avoiding discomforts.

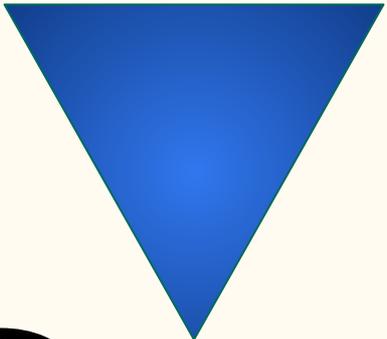
Stop judging things and people.

UNPLUG!

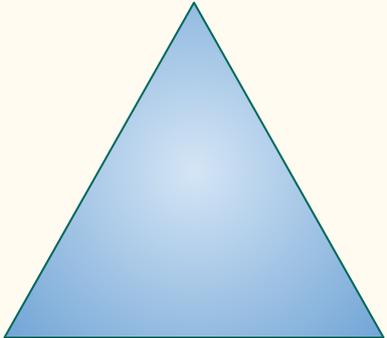
Be content with what you have.

Stop thinking something else will make you whole.

YOU ALREADY HAVE IT!



Be Present



A good Test:

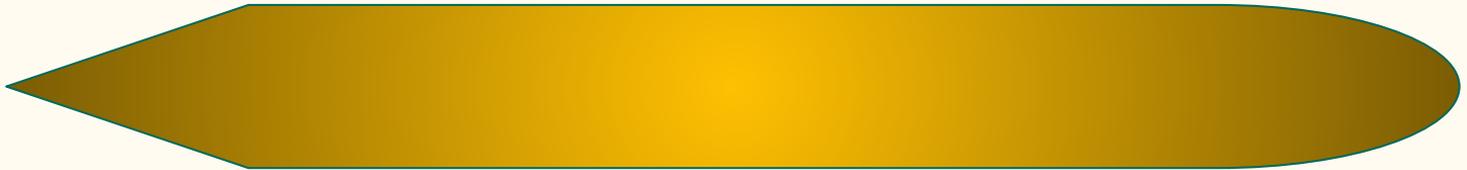
Do I feel light, at ease,
joyful or playful?

**Do those things which make you
feel joyful and light**

Read Sew Paint Dig Exercise Breathe Pray Meditate Play
Build Create Love Care Fix Think Sing Draw Color Walk

APPRECIATE and GIVE THANKS

**Can you experience any
of those things
yesterday or tomorrow?**



**Whatever you do,
do it in the now.**

The Eternal now holds light and life. Christ said, “I AM the WAY, the TRUTH, and the LIFE.”

BE

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