### Shine Your everlasting light!



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2021 Alexandra Houck. Email is orthodoxchildrensword (at) gmail.com. Find it each week at myocn.net.

# The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven," Mark 10:14

Sunday, August 1, 2021

Volume 9, Issue 31

A Ministry of the Orthodox Christian Network



#### Which one is better?

**Have you ever had to choose** between two good things? Maybe between two great toys? Two

delicious meals? Two fun places to go? Maybe you just couldn't decide which one was best.

In today's Gospel reading, our Lord Jesus Christ asks that same kind of question (but He doesn't really expect an answer!). A man who couldn't walk was lying on his bed, and he wanted to be healed. Jesus said to him, "Take heart, my son, your sins are forgiven." When people started to grumble about Him, Jesus asked them, "Which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk'?"



Then Jesus healed the man's body. He told him to get up and walk. And he did!

Of course, this man wanted to be healed. He wanted to be healed in his body, and he wanted to be healed in his soul. But which one was better? Could he decide which one was better? Thankfully, Jesus didn't make him make that choice! He gave him both. First He healed his soul. Then He healed his body.

Let's always ask God to help heal our souls first, just as he did with the man in the story today. We can always do better on the inside, even when we are healthy on the outside! Can you ask God to forgive you?

## 

# What'S in an icon?

This icon is another icon of the Transfiguration.

It's from a famous Serbian monastery called the Decani Monastery.

Can you find Christ? Can you find Moses and Elijah?



# CHANGING OURSELVES TOO THE HOLY TRANSFIGURATION

#### Have you ever gotten a big hair-

**cut?** Maybe your friends said, "Wow! You look really different!" You changed something about yourself and everybody could see it.

This week we celebrate a great feast in our Church. It's the feast of Holy Transfiguration. (Transfiguration is a big word for "change.") Jesus' disciples had been with Him, listening to Him preach, helping Him sometimes, watching Him heal people. They stayed with Him almost all the time. But once, our Lord took three of the disciples to a mountain.



Jesus looked different!

The Bible tells us that He was, "transfigured before them, and His face shone like the sun, and His clothing became white as light." Then, the disciples really knew that Jesus Christ was God! They didn't say, "Wow! You look really different." They fell down to the ground. They fell on their faces. They were amazed.

This great feastday reminds us of how Christ is still God. But it also reminds us that we can change ourselves too. Every day, we can try to think of a way we can be more like Christ. We can all think of something we can do to change ourselves—to put off the bad and put on the good! We can be "transfigured" too!

We celebrate the Holy Transfiguration on Friday, Aug. 6th (OC: Aug. 19th).