## "Truly You are the Son of God!"



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"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

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## Jesus prayed too!

**Do you have a special time to pray?** When do you pray? Where do you pray? Do you pray with your family, or even your friends?

Did you know that Jesus Himself made a prayer time for Himself? In today's Gospel passage, we read, "And after he had dismissed the crowds, he



went up into the hills by himself to pray." If we read back a little bit in the Bible, these words come after the feeding of the 5,000. Jesus had been preaching all day. He was tired. It was a busy day for sure, but Jesus made time to talk to His Father.

Our Lord showed by His example what we should do! He taught us by His words *and* by His actions. Sometimes it is easy to make excuses and to say we are too tired or that we don't have time. But if Jesus prayed to His Father, can't we do the same?

We can pray too. We can pray before bed, in the morning when we first wake up, when we are all alone or when we are with our family. We can pray anytime, when we are busy or when we have free time. Let's remember to talk to God. He wants to hear from you, and our Lord gave us the best example!

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## SAINT TITUS ONE OF THE 70 APOSTLES

Have you ever changed your

**mind** about something? Well, of course you have. But usually it's about something that doesn't matter so much, isn't it? Like what you want for dinner, or what you want to play today.

Titus is a saint of our Church who changed his mind about something very big. Saint Titus grew up on the island of Crete, in Greece. He and his family were pagans, and they



worshipped false gods. Titus tried to be a good person though, and once, he had a vision from God! God told him to stop worshiping these false gods; instead he should worship the God who would save him.

Titus learned more and more about our one, true God. He even went to Jerusalem, where he met Jesus Christ Himself! He saw Christ on the Cross, and was there when He rose from the dead! Saint Paul baptized Titus to be a Christian. After that, Titus wanted to tell others about the true God, and he went back to Crete to spread the Good News.

If you ever get to go to the beautiful island of Crete, you have to go to the city of Heraklion. In the Church of Saint Titus, you can pray before his relics (his holy body). You can also see places where he preached!

We remember St. Titus on Wed., August 25th (OC: Sept. 7th).

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