He trampled down death!



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2022 Alexandra Houck. Email is orthodoxchildrensword (at) gmail.com. Find it each week at myocn.net.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

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Come, Receive the Light!



Have you ever tried to find

something in the dark? Have you walked around in pitch black? Maybe you stumbled into things. Maybe you tripped and fell. Maybe you tried to hold onto something that would help you find your way. It's hard to find our way when we don't have a light to guide us!

On Easter (Pascha) night, the whole church is dark. Then, out of the altar, your priest comes with a bright candle. We hear, "Come, receive the light, from the never-setting Light. And glorify Christ, Who has risen from the dead!" With our candles, we remember how dark the world would be without Christ. With our candles, we remember how Christ always helps us find the way. With our candles, we remember how Christ is with us, even when things are dark, even when we are alone and scared.

This week, we read a few stories from the Gospels about the Resurrection of our Lord. We hear how some of Jesus's followers were scared and alone without Him. They didn't know what to do! They knew that they needed the Lord to guide them.

But you know this, don't you? We can always come receive the light of our Lord, Jesus Christ. We can ask Him to guide us through life. Then, we will always find the right way! Christ is risen! Truly He is risen!

Can you find these words in the jumble? R

WHAT'S IN AN ICON?

Here is the icon we see during the Paschal (Easter) season.

Can you find the angel? Can you find the old cloths that were on Jesus? Can you find the myrrh-bearing women?



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THE EASTER EGG WHERE DOES IT COME FROM?

Have you ever wondered why we have Easter eggs?

Well, for one thing, we haven't seen too many eggs in our kitchens during the Lenten fast. On Pascha, our priest will even say a prayer to bless the eggs and cheese and meat, so we can all enjoy them after the long fast!



You might know the miracle story of St. Mary Magdalene and the eggs she brought to the pagan ruler. As a sign, the egg turned color in front of him.

Easter eggs have been around for many, many years. In Mesopotamia, the early Christians celebrated Pascha with eggs. Christian children would collect eggs and dye them red, to remember the blood of Christ. (They would also sell green and yellow ones at the market!) This custom spread throughout the Christian world, and you can find red eggs in Greece and other Orthodox countries. You can even dye the eggs with onion skins to make them red! In Russia a and Ukraine and other Eastern European countries, people decorate the eggs beautifully with Christian symbols (like crosses and fish and grapes).

Now, of course, you can find all kinds of Easter egg colors and even plastic eggs. These customs are fun and festive, aren't they? But underneath, we always know that the day is about more than just Easter eggs and candy and food. Christ rose from the dead to save us!

Christ is risen! Truly He is risen!