

Saints Zebulon and Susanna, pray for us!



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2023 Alexandra Houck.
Email is orthodoxchildrensward (at) gmail.com. Find it each week at myocn.net.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

Sunday, March 12, 2023

Volume 11, Issue 11

A Ministry of the
Orthodox Christian Network



A true friend

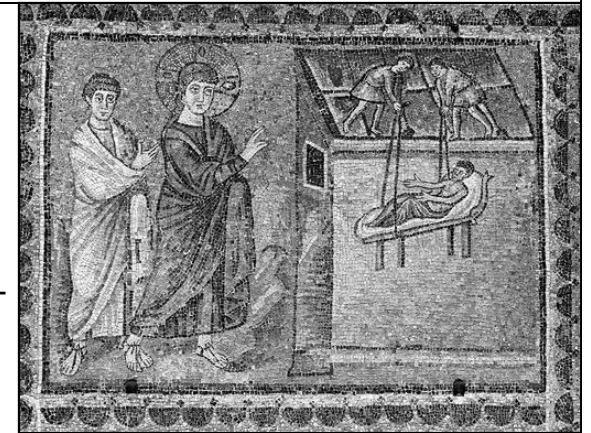
What's the best thing you ever did for a friend?

Today, we hear a Gospel reading about four men who did the best thing *any* of us could do—they helped their friend come closer to Jesus Christ.

In the story, a man who was paralyzed wanted to see Christ, so he could be healed. The problem was that he couldn't see Christ because there were so many people surrounding Him. Everybody knew that Jesus had the power to heal! So this man's friends made a hole in the roof, and they lowered their friend through it.

When Christ saw the faith of the four friends, He forgave the paralyzed man of his sins, and later He healed him. The man could walk again!

Even though we probably won't ever be in *that* situation, we can still do what the friends did for their sick friend. They helped him see Jesus Christ. We can help our own friends see Christ too. But how? We can try to act like Him. By being kind to others. By being helpful. By not fighting. By being humble. By not gossiping. By showing love to everybody around us. Then, when our friends see us, they will be seeing Christ in us, too!



The sick man wanted to be healed!

WORD SEARCH

Can you find these words in the jumble?

- Friend
- Gregory Palamas
- Healing
- Jesus
- Lent
- Miracle
- Nina
- Paralytic
- Roof
- Susanna
- Zebulon

A	R	M	A	D	A	W	G	C	A	G	P	T	G	Y
S	Q	M	N	D	T	M	R	G	A	D	D	T	A	N
G	U	T	I	B	I	U	E	B	Y	N	C	U	N	G
V	N	S	N	R	N	T	G	R	E	F	O	O	R	D
Y	D	I	A	Z	V	M	O	I	N	E	K	T	B	O
T	V	C	L	N	J	M	R	Z	E	B	U	L	O	N
H	L	P	B	A	N	F	Y	S	V	Q	P	N	L	F
E	F	A	T	Y	E	A	P	G	A	U	I	Z	E	Y
Q	I	R	L	J	L	H	A	N	B	I	T	G	A	K
V	B	A	J	H	Q	C	L	C	V	B	Y	W	Z	M
N	Q	L	F	V	N	W	A	J	E	S	U	S	P	J
Y	B	Y	M	E	M	Z	M	U	F	L	G	Y	U	J
W	N	T	R	S	R	I	A	B	E	V	Z	M	L	X
I	I	I	I	L	G	L	S	N	M	L	O	G	X	G
J	H	C	R	Q	V	R	T	D	W	I	L	E	O	J

WHAT'S IN THE ICON?

Here we can see Saint Nina as a little girl.

What is her father, Saint Zebulon, carrying? It's a spear, because he was a brave soldier, just like his cousin, Saint George!



SAINTLY PARENTS

SAINTS ZEBULON AND SUSANNA

Sometimes, we hear

about an athlete or a singer or somebody else with a great talent. We might wonder, "What made him so good at that?" Then, we might find out that his parents were great athletes too, or great singers, or something else! Our parents can help shape us into something great.



Saint Nina (in the middle) with her mother and father

Back in January, we celebrated the feastday of Saint Nina. She was a saint who lived in the country of Georgia. She told many people about Christ, and thousands of people became Christian because of her words and her prayers! She is even called, "Equal-to-the-Apostles" because she did so much for our Christian Church.

But what about her parents? Well, they are saints too! Zebulon was an important and rich military officer. Once, he visited Jerusalem, and on the way, he gave away all his possessions. He met Susanna there, and they were married. Later, Saints Zebulon and Susanna together taught their daughter Nina about Christ. They also showed her a great example of helping the poor. They lived a simple life so that they could focus their lives on God. Do you see how these saintly parents helped guide their daughter to be a saint too?

We celebrate Sts. Zebulon and Susanna on Wed., March 15th (OC: March 28th).