Holy Pentecost



The Children's Word is a weekly bulletin for Orthodox Christian young people. Copyright 2023 Alexandra Houck. Email is orthodoxchildrensword (at) gmail.com. Find it each week at myocn.net.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

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A good routine

Do you know what a routine is? It's

the way you do something, especially when it's in a special order. You probably have a routine for how you get ready for school in the morning. First you get out of bed, then you get dressed, then you have breakfast, then you brush your teeth, and so on. Routines are good, because then we don't forget anything!

In our prayers, we have routines too. First, we might say, "In the name of the Father, the Son, and the Holy Spirit. Amen." Then usually we say a prayer to the Holy Spirit. You know it, don't you? It



An icon of the Holy Trinity

starts, "Heavenly King, Comforter, Spirit of Truth..." Before we start any of our prayers, we ask the Holy Spirit to come and be with us!

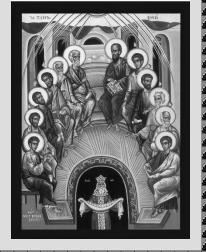
Today is the great feast of Holy Pentecost, the day that the Holy Spirit came to be with the holy Apostles. They were Jesus's followers and helpers. We know that the Holy Spirit is God, and of course, it's so important to pray to Him! In the Bible, we hear how our Lord, Jesus Christ tells us to ask for the Holy Spirit!

Can you make a routine for your prayers? Remember to pray to Holy Spirit first, and He will help you to pray and be close to God!

WHAT'S IN THE ICON?

Here's the icon of Pentecost!

Who are the men sitting around the icon? These are the Apostles, the ones Christ sent out to tell the world about the Good News!



SAINT KALLIOPE

A BEAUTIFUL MARTYR

Has anybody tried to get you to

do something that you really didn't want to do? Maybe a friend made fun of somebody at school and wanted you to do the same. Maybe somebody wanted you to cheat in a game or even at school. Sometimes it's hard to stand up and say something is wrong and that you just won't do it.



This week we celebrate a saint who had to stand up for something very serious. She knew she would be hurt and even killed,

but she stood up anyway. Saint Kalliope had to stand up for her Christian faith.

Saint Kalliope was a very beautiful young woman. Many men wanted to marry her, including one man who did not believe in our one true God. This man threatened her, and he told her if she wouldn't marry him, he'd tell the authorities that she was a Christian.

Saint Kalliope never gave up her Christian faith. She never gave in to this pagan man. She knew she would rather die than to give up her love for our Lord, Jesus Christ. She was killed because she was a Christian. Saint Kalliope was very beautiful on the outside, but now we know she had the most beautiful soul, a soul that is filled with love for God.

We remember St. Kalliope on Thursday, June 8th (OC: June 21st).