

JUNE 1, 2025

MYOCN PEW PALS



FATHERS OF THE FIRST COUNCIL

THANK YOU LEADERS

A long time ago, some people were confused about who Jesus really was. So, the Church gathered many wise and holy leaders known as the Fathers of the First Council in a city named Nicaea. These leaders prayed, read the Bible, and talked together. With the help of the Holy Spirit, they made sure everyone knew the truth: Jesus is God, the Son of the Father, and He is equal to the Father. To help us remember this forever, they wrote the Nicene Creed, which we still say every time we go to church.

This Sunday teaches us to thank God for the leaders who helped keep our faith strong and true.



Family Homework



Learn and Say the Nicene Creed

Take time during the week to say the Nicene Creed together—maybe before dinner or bedtime.

- Tip: learn one phrase at a time with simple explanations.

Memory Verse

**"That they may
be one, as
We are one."
– John 17:22**

CRAFT PROJECT - TRUTH SHIELD

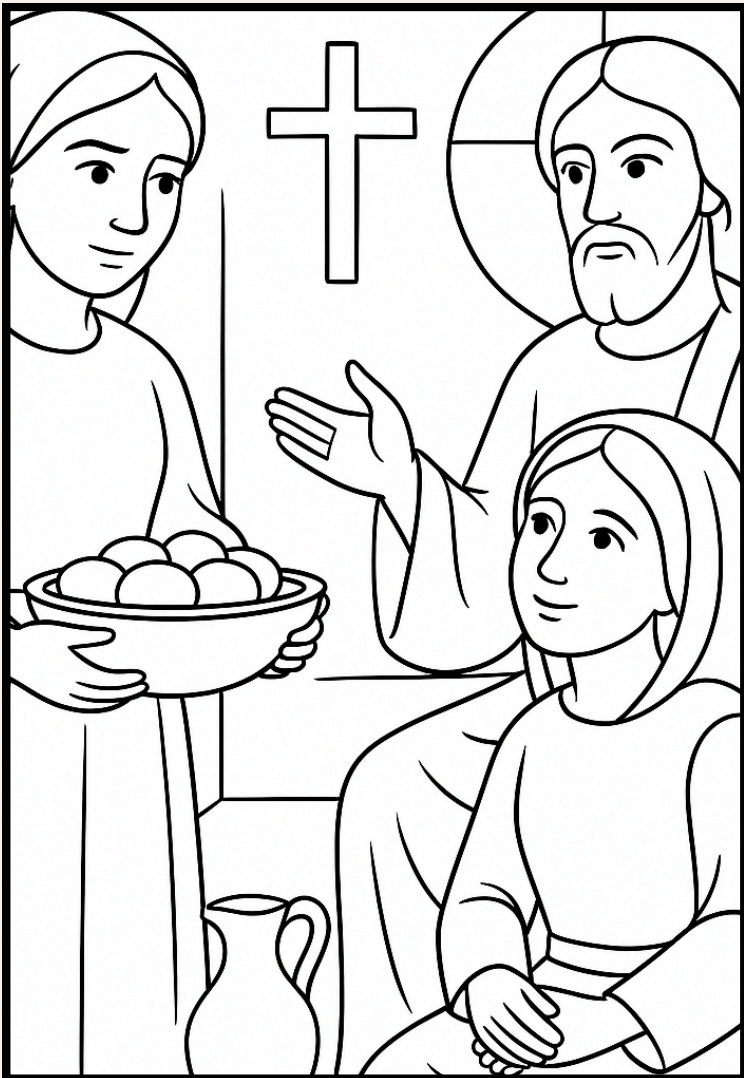
Materials:

Paper or Cardboard
Markers or crayons
Glue & Scissors
Aluminum foil (optional)



Instructions:

- Cut out a shield shape from the paper or cardboard..
- Decorate the shield with symbols of faith: a cross, a dove (Holy Spirit), a heart (God's love), etc.
- Write parts of the Nicene Creed or glue a printed version on the back.
- Optionally, cover the border with foil to make it shiny like a real shield.



OCN PEW PALS IS A WEEKLY NEWSLETTER WRITTEN BY THE ORTHODOX CHRISTIAN NETWORK

DISCUSSION PROMPT

Why is it important to protect the truth about Jesus? How can you be a protector of your faith?

SAINT STORIES

Sts Mary and Martha Life of Prayer & Service

Martha and Mary were sisters who loved Jesus very much. One day, Jesus came to visit their home. Martha was very busy cooking and cleaning to make everything just right. Mary, on the other hand, sat at Jesus' feet and listened to Him talk. Martha asked Jesus to tell Mary to help, but Jesus gently said that Mary had chosen the better thing—to sit and listen to Him.

This story teaches us that both working hard to serve and spending quiet time with Jesus are important, but we must always remember to put Jesus first in our hearts. St. Martha showed love by serving, and St. Mary showed love by listening. Together, they teach us that we can love God with both our hands and our hearts!

Celebrated on June 5th.