

JANUARY 11, 2026

MYOCN PEW PALS



Jesus is the Son of God and the Light of the World

At Epiphany, we learn about Jesus' Baptism in the Jordan River. The Holy Spirit was revealed - When Jesus came up from the water, the Holy Spirit appeared as a dove, and God the Father said that Jesus was His beloved Son. Epiphany shows us who Jesus truly is—the **Son of God** and the **Light of the world**.

When we were baptized, we also became part of God's family. We received His light, His love, and His blessing. The Holy Spirit came into our lives to help us choose what is right, bring peace to our hearts, and guide us every day.

Living in the light means:

- Choosing kindness instead of meanness
- Telling the truth
- Forgiving others
- Helping people in need
- Loving God with your whole heart



The dove is a symbol that reminds us to live gently, kindly, and peacefully, sharing God's love with everyone around us.

Family Homework

- **Baptism Talk:** Look at photos from your baptism and talk about who was there and what it means to be baptized.
- **Light Check:** At bedtime, share one way you chose light over darkness that day

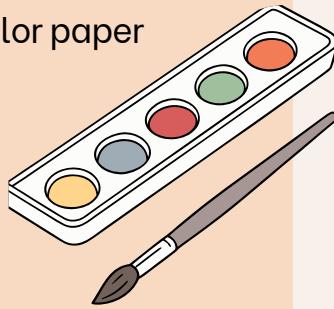
Memory Verse

**"This is my beloved
Son, with whom I am
well pleased."
Matthew 3:17**

Craft – Dove of Peace

Materials:

- Heavy white paper or watercolor paper
- Watercolor paints
- White crayon or oil pastel
- Paper Towels



Instructions:

1. **Draw the Dove (Resist Step)** – Lightly draw a simple dove shape in the center of the paper with a pencil. Trace over the whole body of the dove using a white crayon or white oil pastel. Press firmly so it creates a wax “resist.”
2. **Add the Watercolor Wash** – Paint watercolors all over the page, including over the dove shape. Use blues, purples, and soft yellows to represent water and light. **Watch how the paint does not stick to the dove—the dove stays white!**
3. **Create Light and Movement** – While the paint is wet, gently tilt the paper so colors blend. Dab lightly with a paper towel to create glowing light effects.
4. **Add Details (Optional)** – Once dry, outline the dove gently with a pencil or thin marker.

The dove reminds us of the Holy Spirit. God’s peace lives inside us and we are called to bring peace to others



Table Discussion

“What does it mean to be God’s beloved child? How can we show God’s light at school, at home, and with our friends this week?”

Saint Spotlight

JOHN THE CAVE DWELLER

Saint John the Cave Dweller loved God with his whole heart. When he was young, he chose a quiet life of prayer instead of a busy life filled with noise and distractions. He lived in a cave, where he spent his days praying, fasting, and talking to God.

Living in a cave didn’t mean Saint John was lonely. He knew that God was always with him. Through prayer, he learned to trust God completely and to listen carefully to His voice. People later came to Saint John for advice and prayers because they could see the peace and holiness in his life.

You don’t have to live in a cave to be like Saint John! You can find a quiet spot to pray, turn off distractions for a few minutes, talk to God about your day. Saint John the Cave Dweller reminds us that God is closest when our hearts are calm and listening.

CELEBRATED ON JANUARY 15