

JANUARY 25, 2026

# MYOCN PEW PALS



## Learning to Love God with Our Hearts and Our Minds



This week in the Church, we prepare to celebrate three amazing saints called the **Holy Three Hierarchs**. Their names are; Saint Basil the Great, Saint Gregory the Theologian and Saint John Chrysostom.

They lived a long time ago, but their love for God still helps the Church today. These three saints were bishops, teachers, and helpers of the poor. They loved God with their whole hearts, and also loved learning. They worked very hard to protect the Church from false teachings and to explain God's truth in ways people could understand.

But they didn't just sit around reading books. They fed hungry people. They cared for the sick. They stood up for people who were treated unfairly. They spoke the truth—even when it was hard. Sometimes we think church is only about praying or only about learning—but the Three Hierarchs show us it is both!

They remind us that: learning in school is a gift from God, asking questions about our faith is good and being kind and helping others is just as important as being smart. So when you do your homework, ask questions in class, help a friend, stand up for someone who is being bullied, or pray at night, you are following in the footsteps of the Three Hierarchs. They remind us that God wants us to grow in wisdom, faith, and love—together.

### Family Homework

- **Prayers for Teachers & Students:** Say a short prayer for your teachers and classmates.
- **Reading Time:** Be inspired by the Holy Three Hierarchs and study the Scripture this week.

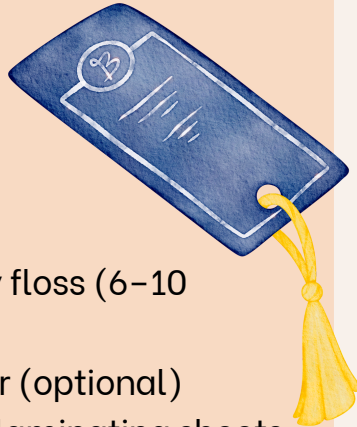
### Memory Verse

**"Let the wise hear and  
increase in learning."  
– Proverbs 1:5**

## Craft – Faith & Wisdom Bookmark

### Materials:

- Cardstock (one strip) or a pre-cut bookmark blank (about 2" × 6")
- Markers / colored pencils
- Scissors
- Glue stick
- Hole punch (single-hole)
- Ribbon, yarn, or embroidery floss (6–10 inches)
- Stickers or decorative paper (optional)
- Clear packing tape or self-laminating sheets (optional, for durability)



### Instructions:

1. **Cut Your Bookmark** – Cut a strip of cardstock to about 2 inches wide and 6 inches long.
2. **Decorate with Stickers, Drawings, Icon, Etc.**
  - a. Add a Short Bible Verse or Prayer – Pick one short line: “Lord, give me wisdom.”, “Let Christ live in me.”, “Teach me Your ways, O Lord.”
  - b. “Wisdom Words” Border – Around the edges, write mini-words that show how we follow the Three Hierarchs: pray • learn • help • forgive • be brave • be kind • tell the truth
3. **Punch & Tie the Tassel** – Use a hole punch at the top center. Thread ribbon/yarn through and tie a knot to make a tassel.
4. **Make It Last (Optional)** – Cover both sides with clear packing tape (trim edges), or use a self-laminating sheet.

***“As you use this bookmark, remember the Three Hierarchs: they used their minds to learn and their hearts to love God. Every time you read, study, or pray, you can ask God for wisdom and use what you learn to help others.”***

## Table Discussion

**“Why do you think God wants us to be kind and also to learn new things? How can we use what we learn to help others?”**

## Saint Spotlight

### ST GREGORY THE THEOLOGIAN

**Feast Day: January 25**

Saint Gregory the Theologian lived in a place called Cappadocia. Gregory was very smart, but he was also gentle and kind. He became a priest and later a bishop, and he helped many people understand who God is. Because he explained God’s truth so clearly and beautifully, the Church gave him the special title “Theologian,” which means “one who speaks about God.”

What We Learn from Saint Gregory

- Loving God with your mind and your heart
- Using learning to help others understand the truth
- Speaking kindly and bravely about your faith
- Making time for prayer and quiet

Saint Gregory reminds us that being wise means learning about God and loving Him more each day.